

NGO YOUR MEAL

Press Kit



ABOUT ME

Coming from a family of bon vivants, I grew up exposed to a world of flavors and cuisines, fine wines I didn't understand, and places unknown.

I knew I had a passion for it all but I was missing something. Over time, I realized that learning is part of the experience. How could I fully appreciate something without understanding it?

With the encouragement of my friends and family, I decided to use this space to share my thoughts, findings, and experiences with you! Hopefully this will help better equip you to Ngo ("know") your meal.

LET'S CONNECT

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SITE STATISTICS

800+

Monthly Page Views

800+

Monthly Unique Visitors

425,000+

Lifetime Page Views



AUDIENCE



ABOUT THE SITE

As of January 2022, Ngo Your Meal contains over 190 restaurant reviews in North America, Europe, and Northeast Asia in addition to 50+ food guides. Going forward, Ngo Your Meal will shift its focus on creating more cooking experiments and food/cocktail recipes.

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OPPORTUNITIES

Ngo Your Meal is open to collaborations related to health and nutrition, food and beverage, and dining, including:

- Sponsored Posts
- Product / Service Reviews
- Restaurant Events
- Social Media Campaigns
- Brand Ambassadorship
- Giveaways

Rates are negotiable.

SOCIAL MEDIA REACH



8,000+
Followers
@ngoyourmeal



900+
Followers
@ngoyourmeal



550+
Followers
@ngoyourmeal



500+
Followers
@ngoyourmeal



1,100+
Followers
@ngoyourmeal

23,000+
Monthly
Impressions



PAST PROJECTS

- Google Local Guides
- Pasta Rummo
- Ballast Point Brewing Company
- Eu Natural
- Marion's Kitchen
- Sweet Earth

